The SCOOP

The Happenings of Congregation Beth Israel

September 2023

By the time you read this issue of the September Scoop, the High Holidays will be just days away. Hopefully, you are looking forward to getting together with neighbors, friends, and family, for festive meals to welcome in a sweet new year.

It is also our hope that you are anticipating a joyful and meaningful experience at our High Holiday services. Do you know how good it feels watching you, our members, and guests, entering the sanctuary for services and witnessing the exchange of warm hugs, heartfelt handshakes, and New Year's greetings?

OH, but wait!! What will you say to them? There are many expressions to convey your good wishes and sometimes it can get confusing. While you can simply say "Happy New Year, you may also use one of the following:

1. Shana tova (Have a good year)
2. L'shana tova (For a good year)
3. Shana tova u'metukah (Have a good and sweet year)
4. Chag Sameach (Happy Holidays)
5. Gut Yontif (A good holiday in Yiddish)
6. G'mar Chatimah Tova (A good signing/sealing) -This is said between Rosh Hashanah and Yom Kippur to express the wish that someone will be inscribed in the Boot of Life
7. Ketiva v'Chatima Tova (A good writing and sealing)

No matter how you say it, The CBI Officers, Board of Trustees, and Editorial Team wish our community and their families a Happy, Healthy, and Joyous 5784.

HOW TO PREPARE FOR ROSH HASHANAH!

In preparation for the holidays, a group of CBI members rolled up their sleeves to help beautify our synagogue. Thanks to Laura Weill, Ilene & Rob Rothschild, Roberta Bouer, Maritza Garcia, Ellen Zimel, and the always-there, hands-on-guy, Rolando.

High Holiday Schedule
2023/5784

Rosh Hashanah
September 16, 10:00 AM
September 17, 10:00 AM

Yom Kippur
Kol Nidrei: September 24, 6:30 PM
Yom Kippur: September 25, 10:00 AM
Neilah: September 25, 6:00 PM
(fast ends 7:17 PM)

Plan Accordingly for Holiday Reservations
Open Seating

Please ask your friends/family to join us

Thank you to the congregants who have donated to our 2023 High Holiday Flower Fund:

SUELLEN & BARRY AGULNICK - To wish the congregation peace at the New Year
LORRAINE ALBERT - I have been blessed with four great-grandsons, Mason, Justin, Lucas and Ryan, and one great-granddaughter, Dylan. They are the light of my life
MARIANNE BAKER - In memory of my dear departed
SUSAN BASS and THE BASS FAMILY- In loving memory of Mark Bass
ROBERTA BOUER - Wishing everyone a healthy year
DANA & KEVIN BRANDES - In honor of all those who make CBI work
JOE & YAEL COPPOLINO - To all our friends in CBI, we wish you and your families a very happy and healthy year
SUSAN & BERNARD DREXLER - In memory of our dear friend, Susan Bennett, and in memory of Paul Skulsky and Robin Krauss
MARITZA GARCIA - Wishing everyone a blessed, healthy, and happy New Year
AILEEN & LEONARD GOLDBERG - Donation
SANDY GOODMAN - In memory of Adele Gershman
RICHARD KRAUSS - In memory of my late-wife, Robin Krauss; my mother, Iris Krauss; Robin's father, Hal Friedman; brother, Jeffrey Friedman, and cousin, Scott Moss
LAURA LEVY AND NAT LEVI - In memory of Laura's parents, Martha and Marvin S. Levy; husbands, Ian Cartier and Edward Bodnar; son, Richard Bodnar; and Nat's parents, Tillie and Julian Levi and our sister-in-law, Cora Lewis Levi. May they rest in peace.
MURIEL LEVINE - In loving memory of my husband, Milton Levine
MATILDA LOVINGER - In memory of my husband, David Lovinger
ALAN MANTIS - In memory of Adrienne N Mantis, beloved wife, mother, and inspirational grandmother, and in loving memory of my parents, Frances & Max Mantis; In-Laws, Sarah & Irving Fricklas; Aunt Nettie Brust Cohen; Cousin Marvin Fricklas; Brother-In-Law, Richard Leon Fricklas; and Brother, Stanley Mantis
SHARI & IRV MILJONER - In honor of Muriel levine--a wonderful person
ANGELA & ABRAHAM SABBAS - In memory of our sister, Anna Ullmann
MARION KERNER SALOMON - In memory of my father, Nat Kerner, a real mensch and a real Jew
JUDI SLATSKY- In memory of my dear husband, Paul - "I will always love you for everything you stood for"; and in memory of my dear departed parents, Ann and Milton Marlin, and all my departed family members
AMY ZAUM - In loving memory of parents, Blanche and Nat Zaum, and brother-in-law, Steve Sorin
EILEN ZIMEL - To wish all members of CBI a happy and healthy New year--Shanah Tovah

Project REPLENISH

Congregation Beth Israel of Cathedral Gardens invites you to

HELP **FILL THE SHELVES**

of The Rudman Family Food Pantry at the Mid Island Y JCC
and Hatzilu Rescue Organization's Al Nevins Food Pantry
If one CAN make a difference, during the High Holy Days, let it be YOU!

ITEMS NEEDED:

All food must be KOSHER. Please **NO** GLASS, EXPIRED FOOD or PASTA.

Bring donations to the Temple's Side Entrance **October 6**, 2023

Questions? Contact : **Gail Warrack**, 516.822.3535, x347 | gwarrack@miyjcc.org

MID ISLAND YJCC The Center of It All — 45 Manetto Hill Road, Plainview 516.822.3535 miyjcc.org | PROUD PARTNER UJA Federation NEW YORK | UJA-Federation of New York's Partners in Caring

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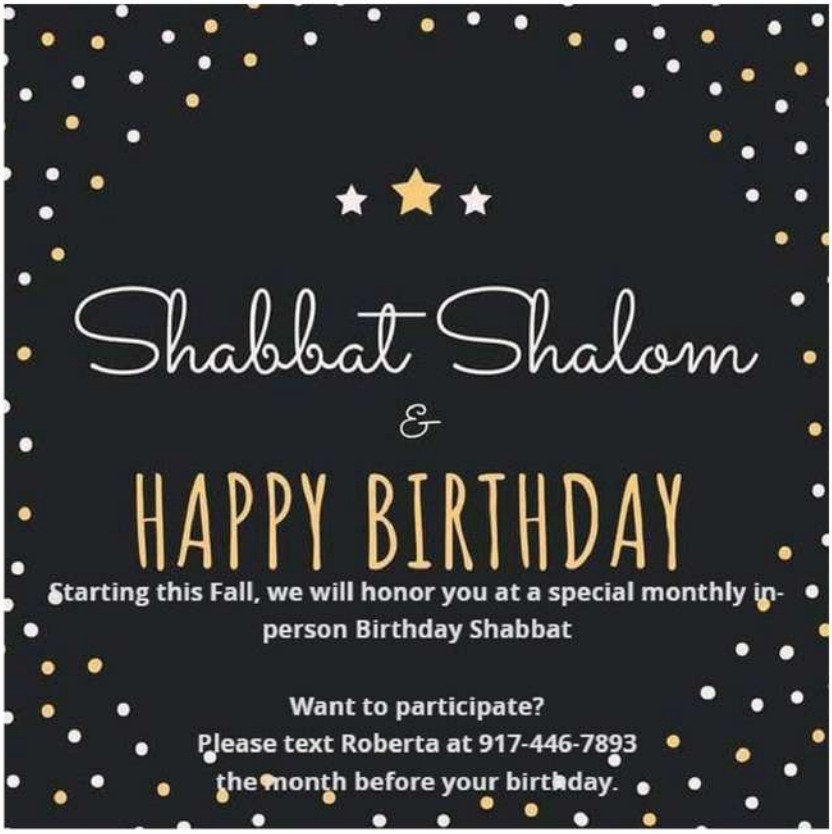

The inaugural celebration
will be on **September 30**

The Rabbi Speaks

Dear friends,

It seems like we just started the summer, but here we are at its end.

While the summer is traditionally supposed to be about peace and rest in our lives, the world seems like it does not have much rest at all. Unrest would be more like it.

From the climate crises arising across the globe (the dangerous and tragic fires in Southern Europe and Hawaii standing out the most), to the grinding war and suffering in Ukraine that seems to have no end, from the political upheaval and partisanship that this country is going through, to the most recent blatantly racist mass shooting in Florida, our world seems like it's going in the wrong direction.

Truth be told, while this summer seems erratic, the human condition is by definition erratic. We are imperfect and hopefully always aspiring to correct that imperfection however daunting that may appear or be.

That's what we humans were created for and what the Jewish High Holiday season is all about.

If we went through life always running and never thinking, the world would continue as is with its status quo never changing. The world and our behavior change only when we stop to reflect, first and foremost on our own lives and then when we allow those introspections and the subsequent rectifications to trickle outward.

Change, reflection, apologies, new behavior patterns, and making amends with our loved ones and with ourselves. From there, the world will await our newfound inner peace and love as we spread the positive upheavals in our lives which will undoubtedly affect the negative ones all around us.

To paraphrase MLK from his "I Have A Dream" speech sixty years ago: The arc of moral goodness is long but will always bend towards justice because there are always those among us who bend it that way. Let us be part of those who bend it forward.

I look forward to seeing you during these High Holidays and connecting with you both on a personal and communal level.

Wishing you a Sweet and Healthy New Year to you and your family,

Rabbi Abe

Upcoming Events

Join us for a fascinating lecture about the historic trek of Jews to Long Island

Brunch Social to follow

SUNDAY
SEPT 10
11 am

PRESENTATION BY AUTHOR BRAD KOLODNY

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141 HILTON AVENUE
HEMPSTEAD
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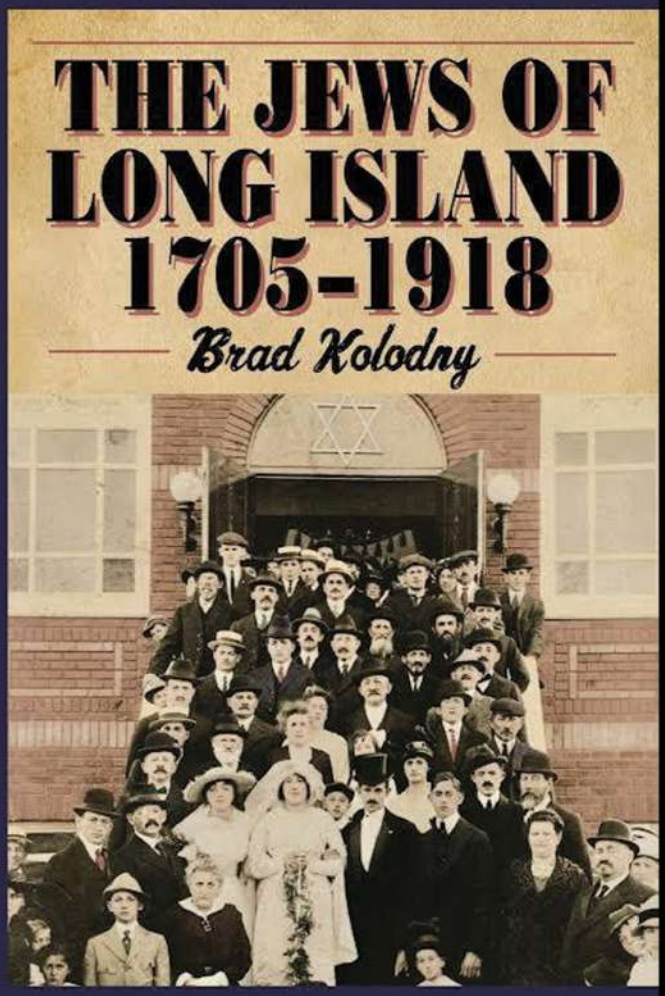


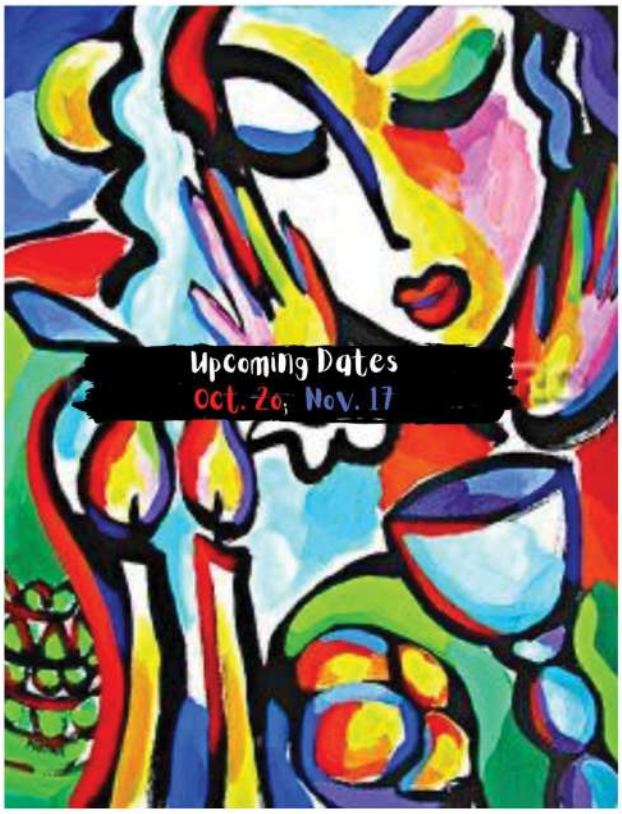
"A WELL-ILLUSTRATED AND PAINSTAKINGLY RESEARCHED CHRONICLE THAT TEACHES US MORE THAN WE HAVE EVER KNOWN BEFORE ABOUT THE EARLY JEWS OF LONG ISLAND."

-JONATHAN D. SARNA

Professor of American Jewish History Brandeis University & Chief Historian Weitzman National Museum of American Jewish History

Books available for sale and signing following the presentation

To attend, you must RSVP on the CBI Website by September 1



Musical Kabbalat Shabbat @CBI

Join us these Friday nights

September 22

October 20

November 17

@7:30 PM

Oneg to follow services

Registration required by
the Tuesday prior
on our website homepage

www.cbicg.org

Bring a friend and family

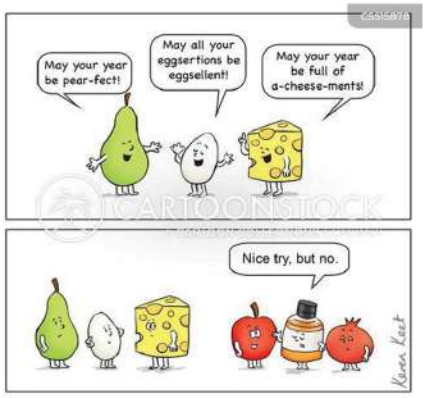
Do you enjoy our Shabbat lunch following our service? What about our dessert Onegs following Kabbalat Shabbat?

Sponsor or contribute toward a Kiddush or Oneg
today to celebrate a Simcha
or to remember a loved one.

For more information, call 917-446-7983

A big thank you to Marianne Baker for sponsoring a dairy Kiddush on August 19

"This one here always grosses me out."



Come on, laugh a little!

September Yahrzeits

- Max Mandell 09 02
- Harold Moss 09 02
- Irving Fricklas 09 04
- Jeffrey Goldsmith 09 09
- Bruce Janvey 09 10
- Joseph Burger 09 12
- Stanley Cohn 09 16
- Hyman Levine 09 16
- Irving Kornberg 09 17
- Iris Krauss 09 18
- Aaron Shillet 09 20
- Louis Glasser 09 22
- Sadie Faver 09 24
- Jerome Gottlieb 09 24
- Celia Levine 09 28
- Larry Atlas 09 30

In Memoriam & Yahrzeit Donations

Jay Steinger (in memory of father, Saul Steinger)

Alan Mantis (in memory of my father-in-law, Irving Fricklas)

Muriel Levine (in memory of my husband, Milton Levine)

Enid Carruth (to the Rabbi's Discretionary Fund in honor of my Mom, Pauline K. Levin)

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or the opening of a new venture?

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by advertising in our monthly newsletter.
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