congregation beth israel

The SCOOP

The Happenings of Congregation Beth Israel

September 2025 | אלול תשפ"ה-תשרי תשפ"ו

Memories of past High Holy Days often conjure up events of times gone by with a lilting sweetness and a tinge of sadness, as they fade into the crevices of a long-ago experience. And we all have memories that stand out in our minds more than others. Several of our dear members recently expressed their High Holiday memories which confirmed the above.

Frieda Brodsky, having grown up in the early days of the State of Israel, remembers celebrating the High Holy Days in Bnai Brak all dressed up in her newest dress, with the aroma of honey, apples, and pomegranates permeating the modest Israeli kitchen. Her husband, Alan Brodsky, also has culinary memories as he remembers the remains of Friday night's Shabbos candles as Shabbat's new day shone brightly when he and his family walked together to the shul, Sha'ari Israel, a mere 20 blocks away, and at home, set before the family were plates of brisket, potatoes, and noodle pudding.

On a different note, CBI Ritual Chair Sam Seifman recalls his father taking time off from work to attend Shul, but also remembers that he and his friends enjoyed Rosh Hashanah by dividing their time between inside and outside the shul. And as for our devoted member, Barbara Kaufman, she delighted in the traditional experiences as a young person growing up in the Jewish area of Riverdale, but later joined a Conservative Temple, as she wanted to study Haftorah with the Cantor, which she did.

Whatever ignites these memories, be it the food, the family, or the haunting sounds of the Shofar, it lingers a little differently in the memories of each of them; But for Frieda, Sam, Barbara and Alan, it is our shared connection to our Jewish community and traditions that binds us together.

Wishing you and yours a hearty and sweet New Year of 5786

The CBI Editorial Team

High Holiday Book of Life

The amount per individual name to be listed in this year's Book of Life remains $18 as in previous years.

Also, this is not a "check-only" donation. Any CBI donation is payable online through our website. Please indicate the names of your loved ones in the notes section and it will be included in our newly designed memorial format.

The $25 amount indicated in the HH mail packet was an error.

Of course, you can always give as much as you'd like.

CBI's longstanding tradition of its High Holiday Flower Fund was spearheaded by Muriel Levine for many decades. It was her pride and joy.

In her honor and memory, we have renamed it the **Muriel Levine Flower Fund.**

If you haven't done so already, please consider a donation to honor Muriel, to wish your loved one a Happy New Year, or to remember someone special.

Contact **Shari Miljoner** at 516-404-4868 to pledge your donation and provide your High Holiday message

(click here to make your payment)

The Rabbi Speaks

Dear friends

The High Holidays theme, in a certain light, is about taking full advantage of the gifts of our lives and being present in the day-to-day, because we never know when our last moment on this Earth will be.

On one level, that is a very dreary message, but on another, it's right on the money and encourages us to be the best versions of ourselves. As the Rabbis in our Jewish wisdom were fond of saying, "one must always live as if it were one's last day."

Nowhere does that message come to bear than when a family undergoes the sudden death of a loved one, where all things you thought were secure and sure are no longer there.

Many of you know this feeling already, and, unfortunately, that was made very clear to Allie and me when she lost her dear father, Dr. Aron David Wahrman, in the span of 5 weeks, this past August. The pain was unbearable; the visceral feelings of grief that loomed over Allie's extended family and over our nuclear family were very sharp indeed.

What I found myself, more or less, saying to the people I was talking to at the time, as it was happening, was "Carpe Diem," "hug your loved ones," and "try to stop being so petty in your relationships, because all of this beauty can be gone in an instant." I did not say these things to scare people or to sound self-righteous; it was the genuine feeling I had at the time: "This can happen to anyone, and why live life with regrets when the ability to make every moment count is before you."

There's a lot of grieving that we still have to do, and some of what happened, we are still processing. But we had/have a lot of emotional support, especially from the CBI community, and for that, we are very grateful.

Community is what helps us all get through difficult times and allows us to continue our journey in life despite the pain we experience.

Please join us on September 13, when Allie and I will be sponsoring the Kiddush at CBI in memory of her father, as a month will have passed since his passing by then.

And to leave on a sweet note for the high holidays, I want to wish you all a very happy and sweet new year, a year in which you know no sorrow and in which you fulfill many unfulfilled dreams, and in which you regret nothing because you're living your best life.

Shanah Tovah Umtukah.

Warmly,
Rabbi Abe

To Frieda & Alan Brodsky, who proudly watched their grandson, Brayden, 14, compete in swimming with the Mid Island JCC delegation in the JCC Maccabi Games in Pittsburgh during the week of August 4, 2025.

The JCC Maccabi Games is the largest organized Jewish teen sports event in North America. This was the first year it was hosted on a college campus, this year at the University of Pittsburgh. Brayden joined JCC delegations from around the world, including an international delegation of Jewish athletes from Ukraine, Israel, the UK, Canada, and Argentina.

Brayden achieved better swim times and earned six medals for the Mid Island JCC, but he won much more as he forged lasting friendships, celebrated our Jewish identity, and, most of all, fostered a sense of representation in the Jewish community.

To share happy, "Mazal Tov" news with the community, please send it to info@cbicg.org before the 25th of each month for it to be included in the upcoming Scoop.

YOU ARE INVITED TO COMMEMORATE THE **SHLOSHIM** (THE FIRST 30-DAY PERIOD OF GRIEVING) FOR ALLIE'S DAD,

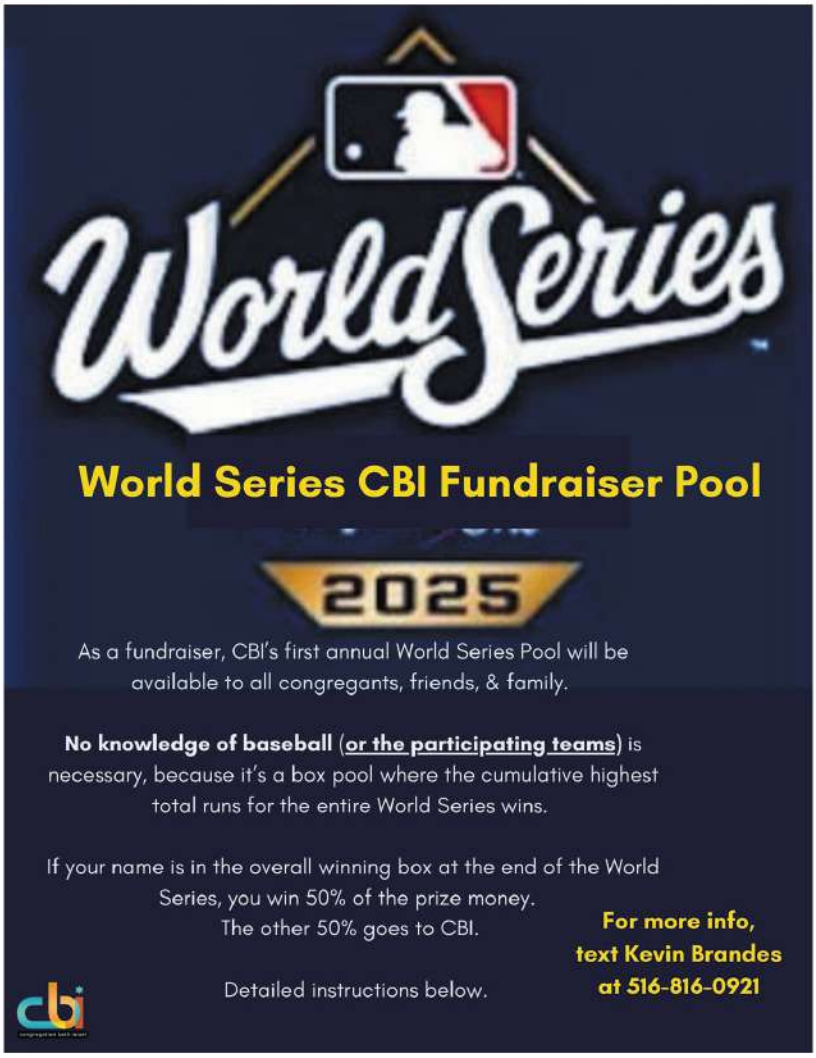
DR. ARON WAHRMAN, OBM

JOIN ALLIE, RABBI ABE, & EZRA FOR SERVICES AND **KIDDUSH TO FOLLOW**

Shabbat
Sep. 13
10 AM

RSVP REQUIRED by Sep. 5 by texting Roberta

Upcoming Events



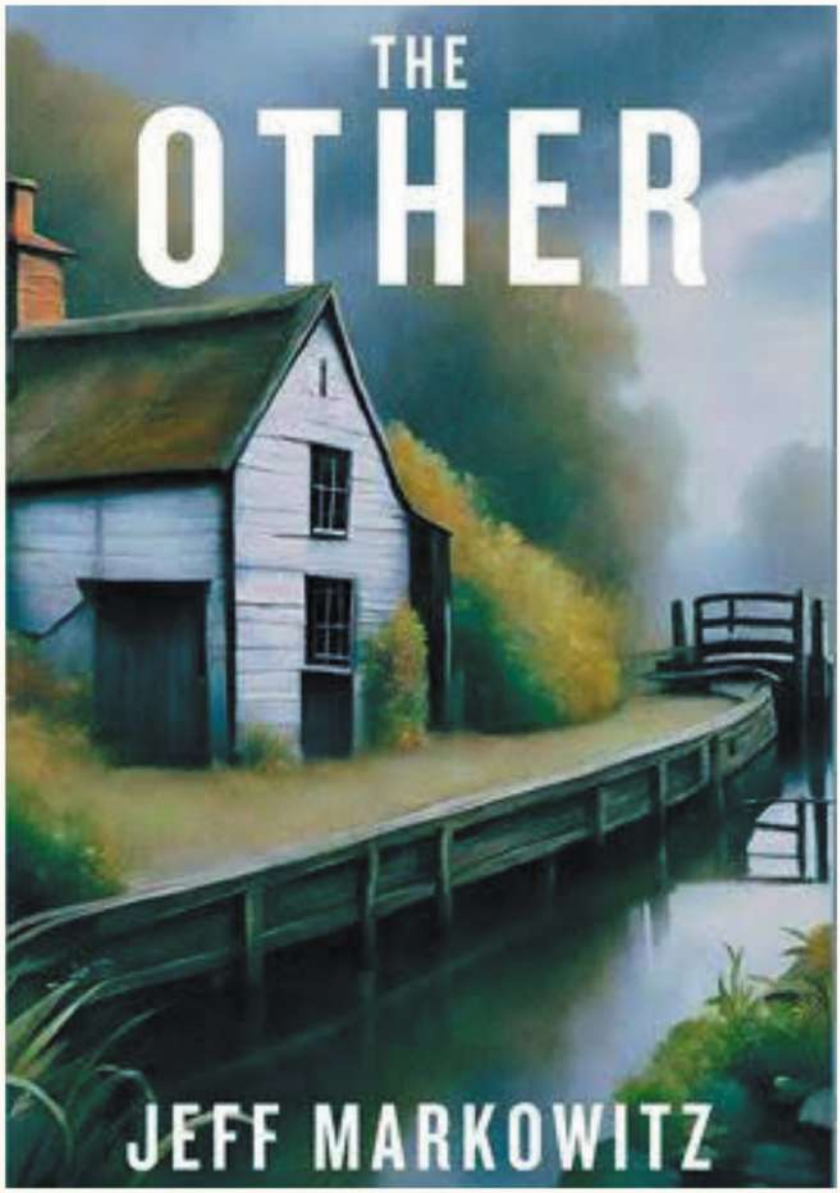
World Series CBI Fundraiser Pool Instructions

The World Series fundraiser has been simplified. It will be set up like the Super Bowl pool in a 10x10 grid. Boxes are $20 each. 50% of the money ($900) goes to CBI, and winners will get a share of the remaining $900 as follows: $100 will be awarded to the winner of each game until the final game, the winner of which will get the remainder of the $900. Boxes with matching numbers (0,0; 1, 1; 2,2, etc) will not be considered because of the high improbability of a matching final score.

Coming Soon in Dec.

Get it. Read it.

GOOD BOOKS, GOOD TEA, AND GOOD COMPANY

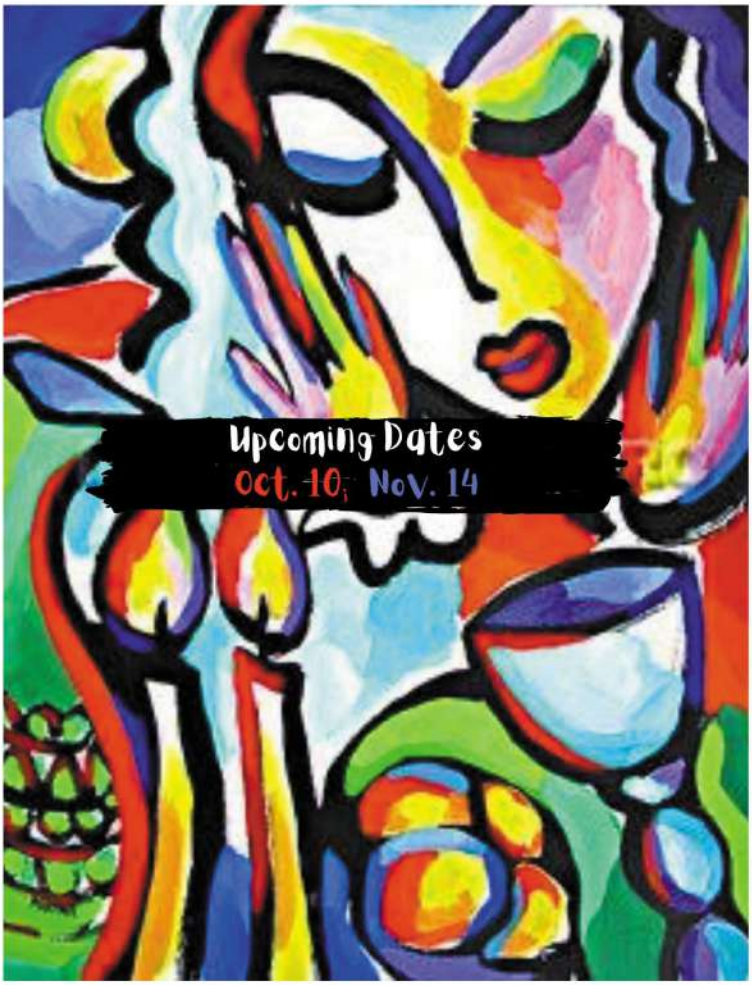


CBI BOOK CLUB

Facilitated by Mindy Leeper

Stay tuned for meeting details

WWW.CBICG.ORG



Musical Kabbalat Shabbat @CBI

Join us these Friday nights

Sep. 19

Oct. 10

Nov. 14

@7:30 PM

Oneg to follow services

Bring your friends and family

cbi

cbi congregation beth israel **Presents**

BACK TO JEWISH SCHOOL

WITH RABBI ABE

Wednesdays @ 8 PM
On Zoom by clicking here

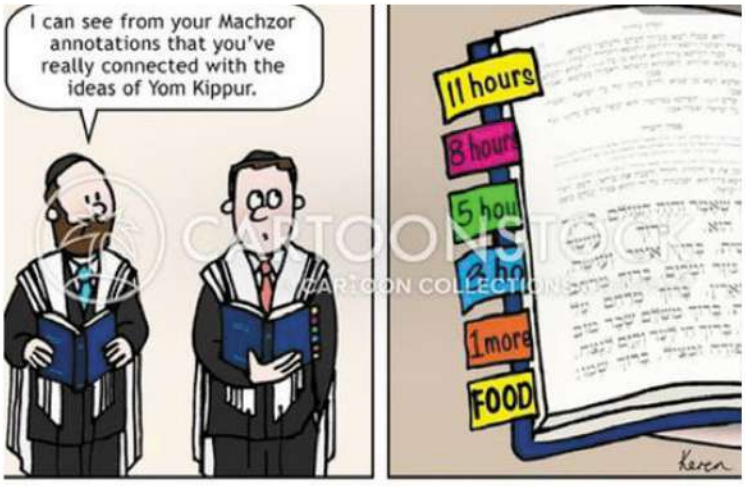
CBI Game Day: MAHJONG
Every Tuesday @noon at CBI
All Levels Welcome
Cover: $5
Bring your
kosher lunch and friends
RSVP by Monday to
Judi Slatsky at
jels244@aol.com
or 917-575-5443

SPONSOR A KIDDUSH OR
ONEG IN CBI'S REVAMPED
SOCIAL HALL
FOR MORE INFORMATION
CALL/TEXT 917-446-7983

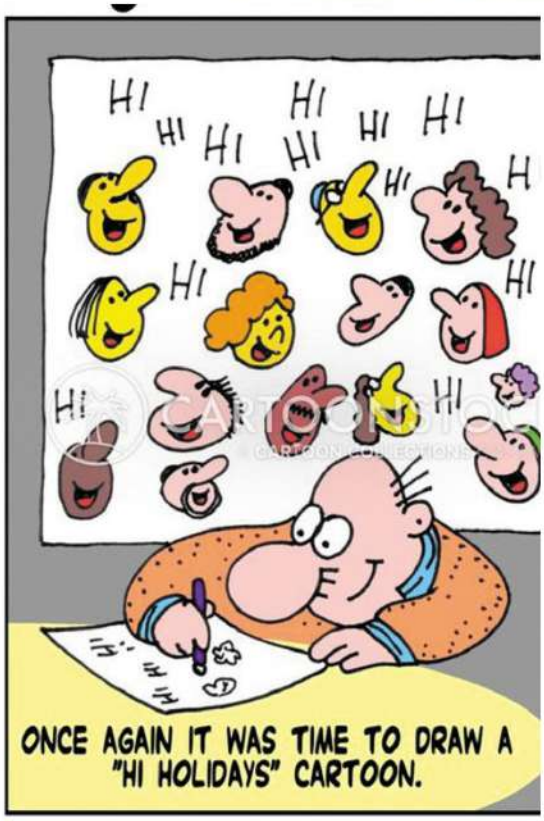
A BIG thank you to:

Debbie & Richie Krauss
for hosting an elaborate Oneg on August 1 to honor the incoming Board of Trustees

Adele Murphy
for sponsoring and preparing the Kiddush on August 9



"What did you take away from the meeting?"



"The last thing I remember is being thrown into the dryer."

Come on, laugh a little bit. It will do you good— and then some.

Honor the memory of your loved one on CBI's Digital Memorial Board

Share a bio, photo, or anecdote as shown above
(Click here to see the board online)

For more info, please contact Marianne Baker at 516-486-5140

September Yahrzeits

Gertude Stone	9-4	Irving Fricklas	9-11
Samuel Etterman	9-6	Jeffrey Goldsmith	9-16
Anna Ullman	9-6	Bruce Janvey	9-17
David H. Isacson	9-7	Joseph Burger	9-19
Eleanor Neirenberg	9-7	Stanley Cohen	9-23
Max Mandell	9-9	Iris Krauss	9-25
Harold Moss	9-9	Louis Glasser	9-29
		Lou Shved	9-30

In Memoriam & Yahrzeit Donations

Robin Cinnamon: in memory of Dr. Aron David Wahrman
Ellen Zimel: in memory of Dr. Aron David Wahrman
Ilene & Robert Rothschild: In honor of Dr. Aron David Wahrman with condolences to Allie and Family
Susan Bass: In memory of my father, Max Weisman
Susan Bass & Alan Glassman: in memory of Aron Wahrman, father of Allie and grandfather of Ezra
Debbie & Richard Krauss: in memory of Dr. Aron Wahrman
Lisa & Allen Klein: Aron David Wahrman, MD - May his memory be a blessing, and his legacy an inspiration to all.
Marsha Mandell: for the yahrtzei of my father-in-law, Max Mandell
Marianne Baker: in memory of Allie's dad, Dr. Aron David Wahrman

Other Donations

Marion K. Salomon: to thank Roberta Bouer for her generosity

Promote Your Business
Looking to promote your business, professional services, or the opening of a new venture?

Consider supporting our synagogue by advertising in our monthly newsletter. Please reach out to info@cbicg.org or 516-489-1818 for more info.

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